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Theranostic Approach for the Protein Corona of Polysaccharide Nanoparticles

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Abstract: Polysaccharide nanoparticles are promising materials in the wide range of disciplines such as medicine, nutrition, food production, agriculture, material science and others. They excel not only in their non-toxicity and biodegradability properties but also in their easy preparation. As well as inorganic particles, a protein corona (PC) around polysaccharide nanoparticles is formed in biofluids. Moreover, it has been considered that the overall response of the organism to nanoparticles presence depends on the PC. This review summarises scientific publications about the structural chemistry of polysaccharide nanoparticles and their impact on theranostic applications. Three strategies of implementation of the PC in theranostics have been discussed: I) Utilisation of the PC in therapy; II) How the composition of the PC is analysed for specific disease markers; III) How the formed PC can interact with the immune system and enhances the immunomodulation or immunoelimination. Thus, the findings from this review can contribute to improve the design of drug delivery systems. However, it is still necessary to elucidate the mechanisms of nano-bio interactions and discover new connections in nanoscale research.

1. Introduction

Nanotechnology is a rapidly developing area in science. Currently, it is becoming involved in medical disciplines such as disease diagnostics (e.g., cancer), vaccination, disease prevention,

wound healing, treatment of diabetes, target and personalised medicine. Over the past ten years, many breakthroughs in nanotechnology have occurred in medicine. The most important advances include cell reprogramming via skin nanochip¹, antibacterial nanostructured surfaces², tumor-targeting drugs³, single-cell nanosurgery⁴, nanofilms for wound dressings⁵ and many others. Biopolymeric nanoparticles (NPs) are commonly used in the field of medicine. This group includes compounds such as proteins, saccharides or fatty acids. Their popularity is supported by their natural origin, the possibility of large-scale production and non-toxicity. Particularly, polysaccharide nanoparticles (PNPs) are an intensively studied domain. Over the past decade, the research trend is increasingly moving from particle design to clarifying interactions of PNPs in the organism. Forming the protein cluster around NPs has been intensively investigated in the past few years in connection with the elucidation of the fate of NPs in the body^{6,7}. It has been confirmed that PC defines biological identity and fate in the organism rather than pure nanoparticles^{8,9}. It has been clear for several years that the PC opens new horizons for therapeutics. NPs create their unique fingerprint in the internal environment of organisms¹⁰. Understanding these phenomena at the molecular level will help to improve active targeting or diagnostics. This review focuses on exploring PNPs and the formation of the PC. Creating the PC opens up possibilities for theranostic use.

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Professor Kizek is currently Professor at Pharmaceutical faculty (Masaryk University, Brno). Main research interests: A research interest is focused on heavy metals (like cadmium, lead and zinc) in the environment. Organisms produce a lot of protective molecules include the thiol compounds, in plants are phytochelatins, in animals are metallothioneins. Furthermore, these molecules may be used in bioremediation technology or biosensors. Moreover, he is focused on nanotechnology, synthesis of nanoparticles (chemical and/or biological), as magnetic, carbon or quantum dots. Their

behavior in the environment is very important for plants and aquatic organisms.

2. Polysaccharide nanoparticles synthesis

In nature, the polysaccharide structure consists of mono-sugars linked together by the glycosidic bond. They are variable in their architecture (linear or branched) and possess diverse types of functional groups including amino-, hydroxy-, carboxy-, thiol- or ester groups¹¹. A wide range of materials and different possibilities of their synthesis options allow creating NPs with specific requirements such as pH dependence¹², the introduction of functional groups¹³, enzymatic decomposition¹⁴ or decoration by targeting ligands¹⁵. The chemistry, synthesis and application potential of the most used PNPs such as chitosan (CS), alginate, starch, pectin, (cyclo)dextrins, gelatin and hyaluronic acid (HA) have been studied.

PNPs can be synthesized by various methods. The first approach is based on functionalizing polysaccharide molecules in order to be amphiphilic, which leads to their self-assembly properties¹⁶⁻¹⁸. In these cases, the strong electrostatic interactions exist between cargo and polymer cages. This process can be used, for example, for the preparation of CS-xanthan gum nanofibers. In the solution with higher ionic strength (15 mM NaCl), nanofibers of 100–500 nm are formed at the CS-xanthan gum interface. Nanofibers can then be easily purified and ready for drug encapsulation (e.g., diclofenac)¹⁹. Practically, this method is well applicable in molecule delivery at neutral pH. Changing the pH alters the conformation and release of the cargo²⁰. Therefore, proteins are particularly suitable candidates²¹⁻²⁴, as well as small-molecule drugs²⁵⁻³⁰. These nanosystems are widely used in drug delivery, for instance, in the gastrointestinal tract or targeting tumor tissue where the pH is generally low²⁸.

The second method of NPs formation is by crosslinking the relaxed carbohydrate molecules^{28, 29, 31, 32}. The creation of nanostructures is based on electrostatic interactions, covalent bonds, and hydrogen bonding³³. However, there is a higher risk of microformulation than nanoformulation and NPs aggregation. Otherwise, these protocols are simple and feasible under mild conditions. The most popular polymer is cationic CS, which readily forms NPs by crosslinking anionic agents such as glutaraldehyde or tripolyphosphate³⁴. Also, alginates and their salts are known, which are often mentioned in oral-colon specific delivery approaches³⁵. This synthesis method of PNPs is the most popular because is suited to a wide range of applications. For example, crosslinked CS NPs are suitable for drug delivery, in which they play a role as an antibacterial compound as well as being used as an adjuvant therapy or for wound healing. Alginate, pectin or starch NPs are promising agents in oral-colon delivery. Hyaluronic acid seems to be a hopeful compound for intravenous application of low molecular drugs^{32, 36}.

The final possibility is the formation of nanocomposites, where the polysaccharide usually encapsulates smaller inorganic NPs. The preparation of such materials involves several steps – from the synthesis of the core itself to the formation of the shell³⁷. Usually, these composites and core-shell particles override external

stabilisation, for example, with citrate, cysteine or other reducing agents³⁸. Their functions can be more specific than just drug delivery. For example, they allow immune escape, carry specific functional groups on the surface or protect the nucleus from degradation in the body³⁹. Many of them give metallic NPs biocompatibility, bioavailability, uptake and reduce toxicity.

3. Interaction between polysaccharide-based nanoparticles and the PC

Of the general nanoparticle design options, a significant percentage of them have incorporated polysaccharide molecules in their structure. Consequently, polysaccharides can play various roles in the main task of nanoparticles. Polysaccharide molecules could be self-assembled^{16, 18} or crosslinked to form the nanotransporter with various cargo. In both methods, the strong electrostatic interactions exist between cargo and biopolymer cages as well as covalent bonds, and hydrogen bonding³³. The most popular polymer is cationic CS, which readily forms NPs by crosslinking anionic agents such as glutaraldehyde or tripolyphosphate³⁴.

By immersion in biofluid, a number of studies have reported the creation of PCs not only in metal NPs but also in PNPs as is demonstrated in Figure 1.

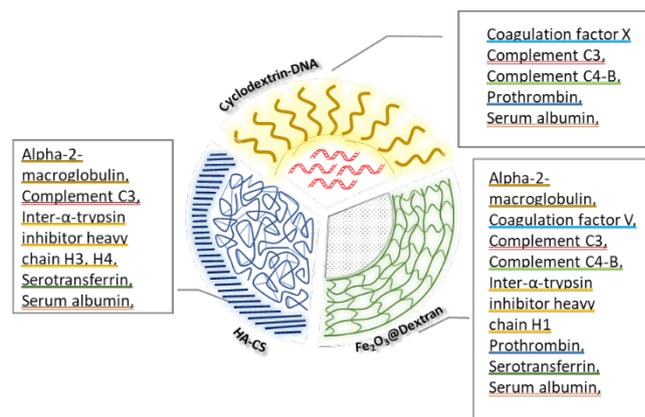


Figure 1: Three types of PNPs and occurrence of the PC. Cyclodextrin-DNA (transporter with cargo)⁴⁰, HA-CS (PNPs)⁴¹ and Fe₂O₃-Dextran (core-shell NPs)⁴². The similar proteins are underlined with the same color. Other proteins represented in the PC are listed in the Table 1.

PC is formed depending on the internal environment of the body which determines involved interactions with proteins and NPs⁴³⁻⁴⁶. These interactions are commonly based on H-bonds, van der Waals interactions, electrostatic interactions, hydrophobic interactions and π-π stacking⁴⁷. Strongly bonded proteins form a hard corona. Other proteins form a dynamic layer based on the Vroman effect – high-abundance, low-affinity proteins are dynamically replaced by lower-abundance higher-affinity proteins overtime during the nano-bio interaction⁴⁸.

Conformational changes of the adsorbed protein can result from surface curvature, topography and surface energy/hydrophobicity⁴⁹. It has also been shown that PC composition varies depending on the environment^{43, 44}. New studies on carbohydrate nanopolymers are beginning to routinely involve PC analysis using gel electrophoresis or mass

spectrometry (MS) analysis. Table 1 gives an overview of the protein composition of the PC from available studies.

Tab. 1: Protein composition of the corona of polysaccharide NPs after 60 min at 37 °C. Detailed information can be found in the original articles.

Nanoparticles	Medium	Method	Detected proteins	Protein size (KDa)	References
Fe ₃ O ₄ @folic acid-chitosan conjugate	plasma proteins	SDS-PAGE	unspecified proteins	40-71	⁵⁰
Chitosan-folate coated mesoporous silica NPs	plasma proteins	SDS-PAGE	unspecified proteins	45-75	⁵¹
Fe ₂ O ₃ @beta-cyclodextrin, loaded doxorubicin-curcumin	human blood plasma	SDS-PAGE	unspecified proteins	25-35 45-55	⁵²
Fe ₂ O ₃ coated with PEG-chitosan	human blood plasma	SDS-PAGE	Apolipoprotein Transferin Vitronectin	28 80 75	⁵³
Chitosan NPs	fetal bovine serum	LC-MS, SDS-PAGE	Alpha-fetoprotein Alpha-1-antiproteinase Alpha-1B-glycoprotein Alpha-2-HS glycoprotein Alpha-2-macroglobulin Complement C3 Clusterin Galectin-3-binding protein Hemoglobin fetal subunit beta Inter-alpha-trypsin Inhibitor heavy chain H3 ITI1H2 protein Keratin, type II cytoskeletal 7 Serotransferrin Serpine A3-2 Serum albumin	not given	
Hyaluronic acid-coated chitosan NPs	fetal bovine serum	LC-MS, SDS-PAGE	Alpha-fetoprotein Alpha-1-acid glycoprotein Alpha-1-antiprotease Alpha-1B-glycoprotein Alpha-2-HS glycoprotein Alpha-2-macroglobulin Complement C3 Inter-alpha-trypsin inhibitor heavy chain H3 Inter-alpha-trypsin inhibitor heavy chain H4 Keratin, type II cytoskeletal 7 Serotransferrin Serpine A3-2 Serum albumin	not given	⁴¹
Alginate-coated chitosan NPs	fetal bovine serum	LC-MS, SDS-PAGE	ALB protein Alpha-1-antiproteinase Alpha-2-HS glycoprotein	not given	

			Alpha-2-macroglobulin Antithrombin-III Complement C3 Complement factor H Clusterin Gelsolin Hemoglobin fetal subunit beta ITI1H2 protein Plasma serine protease inhibitor Plasminogen Pigment epithelium-derived factor Prothrombin Serotransferrin Serpine A3-2 Serum albumin		
Dextran-coated Fe ₂ O ₃ NPs	murine serum	MS-MS	Alpha-2-Macroglobulin Coagulation factor V Complement C3 Complement C4-B Complement C5 Complement factor H Fibronectin Histidine-rich glycoprotein Ilg mu chain C region secreted form Inter-alpha-trypsin inhibitor heavy chain H1 Kininogen-1 MBL-associated lectin serine protease 1 MBL-associated serine protease 2 Murinoglobulin-1 Myosin-9 Plasma kallikrein Prothrombin Serum albumin Serotransferrin Thrombospondin -1	167 248 188 195 191 144 276 60 51 102 74 82 77 167 228 73 72 71 79 134	⁴²
Janus cyclodextrin-DNA nanocomplexes	whole blood	nanoLC-MS/MS	Actin cytoplasmic 2 Apolipoprotein A-I Apolipoprotein A-II Apolipoprotein A-IV Apolipoprotein E C4b-binding protein alpha chain C4b-binding protein beta chain Coagulation factor X Complement C1q subcomponent subunit B Complement C3 Complement C4-A Complement C4-B Clusterin Fibrinogen beta chain Hyaluronan-binding protein 2 Ilg gamma-1 chain C region Ilg gamma-2 chain C region	Not given	⁴⁰

			Ig kappa chain C region Ig lambda-2 chain C regions Ig mu chain C region Prothrombin Serum albumin Serum paraoxonase /arylesterase 1 Vitamin K-dependent protein S Vitronectin		
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In the biological systems the interaction between proteins and polysaccharides are weak or in the case of oppositely charged molecules, there are weak electrostatic interactions⁵⁴. According to Flory-Huggins theory proteins and polysaccharides can form single-phase mixed solutions only if their interaction is exothermic. Thermodynamic incompatibility generally occurs under conditions where the protein is in the presence of a neutral polysaccharide or an anionic polysaccharide bearing the charge of the same sign as the protein. When the total polymer concentration change, the phases may be homogeneous or heterogeneous. In the case of high concentrations of proteins and polysaccharides, coacervates are formed. The interaction also depends on the biopolymer structure. Some proteins have amino acid regions, known as binding pockets, that are able to bind polysaccharides, either through hydrogen bonding or π - π stacking. Some linear polysaccharides may have a molecular backbone for crosslinking and protein binding or the proteins may bind to deep grooves of polysaccharide subunits⁵⁵.

A group of highly specific proteins for binding affinity to polysaccharides are lectins. Lectins are a wide protein family which perform important functions in the organisms; e.g. regulate cell adhesion, control protein levels in the blood, bind glycoproteins, interfere with the immune system response. Lectins are classified as either exo- or endo-types. Exo-type lectins interact with terminal units of polysaccharides and bind glycan chains in partially sealed clefts. Lectins of this type specifically bind to the terminal cap structure. In contrast, endo-type lectins interact with internal units of polysaccharides using open clefts. Endo-type lectins enhance binding affinity to polysaccharide ligands by three mechanisms: (1) Multiple-site interactions; (2) Repeated binding; (3) Recognition of ordered/higher-ordered polysaccharide structure⁵⁶. The binding properties of lectins are affected by the shape of the binding sites in polysaccharides or the branching of the polysaccharide, changes in molecular conformations. The lectin interactions have been described for important polysaccharides used in the nanoparticle design: chitosan, dextran, hyaluronic acid, cellulose, alginate, pectin, xanthan and guar gum as well as many others. Particularly, PNPs such as dextran, HA, as well as CS, bind fewer proteins than, for example, inorganic NPs⁴¹. Existing results showed the influence of PC on the functionality of CS NPs. Varnamkhasti et al. used CS NPs conjugated by HA and decorated by mucin 1 aptamer as a carrier for camptothecin. It was shown that aptamer decoration increased the uptake of NPs by specific cell lines. However, after the PC formation, CS/HA-NPs lost their targeting abilities. The study also confirmed, that there was no difference between the cytotoxicity of targeted and non-targeted NPs when treated with bovine serum albumin prior to cytotoxicity study⁵⁷. Also, another study showed that PC could affect CS NPs degradation rate, which was demonstrated by a reduction of availability of CS NPs for pancreatic enzymes in a

dose-dependent manner⁵⁸. In some cases, the formation of a protein corona may not prevent the functionality of the prepared nanoparticles. CS-NPs modified with the amino acids lysine and glutamic acid were designed to chelate copper ions and prevent cytotoxicity and ROS production of CuO NPs⁵⁹. Despite the PC formed, which predominantly contained albumin, the chelating efficiency was not significantly reduced³. However, PC may not be created at all. This phenomenon has been mainly observed in the case of polymeric NPs⁶⁰.

While polymers such as polyethylene glycol (PEG) are widely used for stealth strategy, dextran may have the opposite effects⁶¹. Dextran (3.5–5 kDa) was introduced on the surface spermine-functionalized NPs. Results showed the higher NPs uptake by macrophages and dendritic cells. Binding of dextranated particles to antigen-presenting cells results in an upregulation of surface maturation markers and elevated production of proinflammatory cytokines. Dextranated particles can potentially be used for passive targeting of antigen-presenting cells with inherent adjuvant function for future immunotherapeutic applications⁶².

4. The perspective of the PC in theranostics

NPs excel in targetability and multifunctionality for theranostic purposes as well as properties allowing the effect of the increased permeability and crossing the blood-brain barrier (BBB). Several types of NPs have been designed to enable treatment and response monitoring. PNPs have some advantages over other nanoparticles (e.g., metallic or carbon) such as biocompatibility, biodegradability, and bioadhesion properties. The PC is formed in PNPs by a different mechanism, in which its formation can be reduced⁶³. These qualities should be specifically included in therapeutic treatments. We designed a scheme of the PC potential in theranostics (Fig. 2). Three primary strategies are evident: I) utilization of the PC in therapy; II) composition of the PC is analysed for specific disease markers; III) how the formed PC can interact with the immune system and enhance the immunomodulation or immunoelimination. However, these three states may exist separately or together. The following sections summarise the new findings on these objectives.

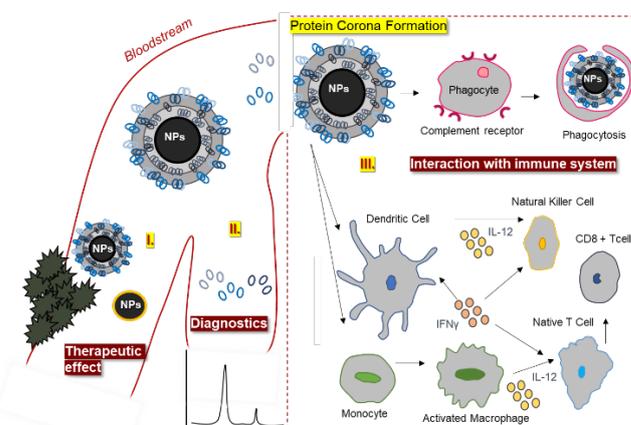


Figure 2. Three strategies of the NPs' corona potential in theranostics. I) NPs retain their therapeutic effect with or without PC. II) NPs corona composition could be used as a specific marker in diagnostics. III) NPs corona has an impact on the immune system. PC contains complement components that help immune

cells to recognise NPs. PC could interact with phagocytes which leads to phagocytosis. The recognition by dendritic cells or monocytes leads to the production of cytokines [e.g., interleukin 12 (IL-12) or interferon gamma (IFN γ)] and excitement of natural killer cells, macrophages or T cells.

4.1. Therapeutic effect of the PC

Polysaccharide NPs have already shown potential in many therapeutic applications⁶⁴. Some of them have already undergone clinical trials. Although the passive delivery predominates in the application, there are still new designs using active targeting elements⁶⁵. However, several active drug delivery projects failed due to the PC formation and unpredicted nano-bio interactions. Taking into account the fact that the PC is formed anyway, it offers a therapeutic direction in two ways:

i) a restriction of the PC formation to maintain the original functionality of NPs. In this case, coating by polymers (PEG, polyoxyethylene, poloxamine, zwitterions⁶⁶ or polysaccharides such as CS^{67, 68}) could be employed. CS is an important natural proton sponge material that facilitates endosomal escape. The negative surface polymeric micelles consisted of polymethacrylamide linked to the CS by 3,3'-dithiodipropionic acid could resist the adsorption of serum proteins and maintain its nature and monodispersity⁶⁹. CS coating could also protect the functionality of the RGD (Arg-Gly-Asp) peptide decoration of silica NPs⁷⁰. The combination of CS and PEG as a coating for doxorubicin-loaded magnetic NPs was applied to MCF7 breast cancer cell lines. SEM photography comparison showed no observed changes in the NPs size after *in vitro* incubation in human blood plasma. However, the SDS-PAGE analysis confirmed the PC formation in the nanocarrier-corona complex⁵³. Instead of the CS, other polysaccharides are suitable for NPs modification to control the stealth strategy. Subramaniyan et al. designed a jacalin-functionalized pectin-capped copper sulfide NPs to maintain the antibacterial activity. The higher interaction with albumin was observed in the unfunctionalized PNPs as expected. Moreover, the jackalin is supposed to mediate the interaction through bacterial cell surface glycan recognition. However, the main weakness of this study was the failure to test the nanocomposite in biological fluid. Although *in vivo* results on zebrafish showed higher antibacterial efficacy with jackalin-functionalized PNPs⁷¹. A similar mechanism has been applied to targeting dendritic cells. Hydroxyethyl starch nanocarriers were PEGylated and functionalized at the outerlayer with mannose. The PC was significantly reduced compared to unPEGylated nanocarrier as well as the protein composition differed. PNPs have shown the presence clusterin (apolipoprotein I) which is associated with stealth PC⁷². Similar results have been observed in the hydroxyethyl starch, dextran and glucose functionalized nanocarriers⁷³.

ii) NPs design to enhance the creation of a specific PC. This effect could include specific interaction between lectins and polysaccharides⁷⁴. Lectins are related to various biological diseases, including viral infection and cancer metastasis. In particular, galactose-binding lectins have NPs used as a target for drug delivery and cancer markers. Tsutsumi et al. designed gold nanoparticles conjugated with glycopeptides and successfully used this system for galactose binding lectin RCA120 detection and imaging on the cell surface^{75, 76}. Another study has proven the dextran-coated ferrous NPs activate the lectin complement pathway *in vitro* and *in vivo*. The formed lectin PC activated complement factor 3 resulting in B-cell effective targeting leading

to the treatment of systemic anaphylaxis and allergic asthma in mouse models⁴². The formation of the PC could be useful for nanovaccine design which mimics host pathogens by presenting lectins on their surface.

The beneficial effect of the interaction between PNPs and PC has been shown as a powerful and potential strategy to overcome neurodegenerative disorders. PC consisted of apolipoproteins could overcome the blood-brain barrier. At the experimental level, PNPs were found to be able to promote or inhibit the aggregation of amyloid proteins, which are responsible for one of the main mechanisms of neurodegeneration⁷⁷. The hypothesis confirmed the ability of chitosan-amyloid- β PNPs to overcome BBB and bind on exposed hydrophobic patches of aggregated proteins what might lead to their correct folding. In these cases, PNPs and other NPs could act as artificial chaperones⁷⁸. In this way, NPs offer the use of peptide motifs to recruit specific protein with requested properties. In this domain, the CS NPs are one of the most promising. Another study showed the PC outlook in gene delivery, where cyclodextrin with self-assembled properties and biomimetic cell-membrane-crossing aptitudes served as molecular gene vectors. In the presence of nucleic acids, they spontaneously form well-defined supramolecular nanocomplexes where the gene material is protected from degradation by enzymatic agents. Changes of PC composition showed the cationic charge of bound proteins caused by electrostatic interactions between NPs and proteins. Regarding the function of nanovector, it is evident that the DNA transfection was affected by PC⁴⁰.

4.2. Role of the PC in diagnostics

More recent attention has been focused on the potential of the PC in becoming a personalised diagnostic tool⁷⁹. A growing body of literature has investigated PC fingerprinting in body fluids⁸⁰. The exceptional role of PC lies in the dynamics of its production and very sensitive changes in composition⁷⁹, which are conditioned by health⁸¹, satiety⁸² or performance of the immune system⁸³. A recent study used a formed PC in a proteomic study for cancer biomarkers screening⁸⁴. Therefore, there has been an increase in the interest of using the PC as a diagnostic tool. Unlike metal NPs, which are also being further explored in this regard, the discovery of PNPs is just the beginning.

One of the first serious discussions and analyses of the diagnostic potential of PC have been proved on the animal model. The experimental work was focused on mastitis detection using magnetic NPs. The proteomic study and protein fingerprinting proved the presence of α_{s2} -casein and lactoferrin in samples from cows with mastitis⁸⁵. Thus, both proteins are associated with the control of internal infectious mechanisms⁸⁶.

The disadvantage of PC diagnostics is a complex proteomic analysis that requires at least gel electrophoresis, but preferably MS. It may be limiting for many diagnostic medical centers. On the contrary, magnetic resonance imaging (MRI) is a standard procedure around the world. Iron oxide superparamagnetic NPs coated by phosphatidylcholine could be employed as a contrast agent for atherosclerotic plaque detection. Thus, NPs design caused the specific composition of PC, which mainly consists of ApoB lipoproteins mimicking low-density lipoprotein (LDL). Specific nanomarkers then accumulate in plaque and could be detected by using MRI⁸⁷. It could be expected that similar applications will also occur with polysaccharide, as some research studies suggest⁸⁸. Maghemite nanoparticles coated with dextran were prepared to obtain water-dispersible

nanoparticles. To ensure their internalization process by the cells, they were further coated with chitosan⁸⁹.

4.3. Protein corona stimulates or mitigates the immune response

The immune system is dynamically connected with nervous and hormonal systems which influence each other and together form the immune response. The immune response is a mechanism of molecular interactions, which is triggered by foreign invaders NPs. Generally, NPs are immediately recognized by complement leading to opsonisation and PC formation⁹⁰. This mechanism is associated with the mononuclear phagocytic system⁹¹. Moreover, some studies have proven that the NPs could be recognised by B or T lymphocytes, which belong to the adaptive immunity^{17, 92}. A number of studies have sought to find a link between NPs character and their fate in the body. The latest findings agree that the more hydrophobic, negative-charged NPs, the more rapid interaction with blood proteins occur^{93, 94}. For example, zwitterionic ligands such as amino acids or glycine are likely captured by dendritic cells than PEGylated surfaces⁹⁵. Whereas hydrophilic, neutral NPs are more tolerated, surface hydrophilicity conduces for suppressing plasma proteins interactions⁹³. The low electrokinetic potential of negatively charged NPs could induce phagocytosis⁹⁶. Equally important is the shape of the NPs. Several studies have proven that the spherical shape was more accessible to components of the immune system⁹⁵ and bigger particles are more rapidly internalised by macrophages via a mannose receptor-mediated pathway^{97, 98}.

PNPs are often used in the belief that they can use stealth strategies to bypass immune system responses. In the NPs design approaches, there are usually used coating techniques to avoid the immune response. The most abundant polymers are PEG, dextran, and CS^{99, 100}. Sarmiento et al. demonstrated that the insulin-loaded solid lipid NPs have been strongly internalized by macrophages in comparison with CS-coated NPs¹⁰¹. The findings of the study led to the fact that CS nanodevices can prolong the circulation time of the cargo and avoid phagocytosis after intestinal uptake. However, the research did not take into account internal conditions, which led to the PC formation and opsonisation and also the interaction with other parts of the immune system. It has to be mentioned, that the kinetics of NPs interactions determines binding properties to the cell surface. In another study, alginate-CS core-shell vehicle impact on human peripheral blood mononuclear cells *in vitro* has been investigated. Toma et al. found that T cells, B cells and NK cells (nonphagocytic cells) were preferentially internalised by monocytes via negatively charged sialic acid on their surface¹⁰². Moreover, flow cytometry and MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide) test confirmed a good viability of macrophages and non-overall toxicity on human peripheral blood mononuclear cells. The findings of the study suggested that CS-alginate core-shell vehicles are more attractive for translation into preclinical investigations.

The second option is to use PNPs as adjuvants that are able to stimulate an immune response. Chitosan PNPs has been the most explored for this possibility¹⁰³. Previous studies reported that CS could enhance both humoral and cell-mediated immune responses after subcutaneous vaccination¹⁰⁴⁻¹⁰⁷. In the research by Zaharoff et al. was found that CS is better than Freund adjuvant or aluminium hydroxide adjuvant in enhanced antigen-specific antibody titers and splenic CD4+ proliferation¹⁰⁸. It has been estimated several advantages of CS, e.g., the high surface

area and positive surface charge leads to the adsorption increase of the proteins that form PC¹⁰⁹. Moreover, it has been reported that CS PNPs are able to pass through tight junctions¹⁰⁶. Chuang et al. demonstrated that fucoidan-quaternary CS PNPs for anthrax vaccine exhibited no cytotoxicity and immunotoxicity toward dendritic cells as well as excellent uptake efficacy. Instead of CS, some other polysaccharides were found suitable for adjuvants. Yakubogullari et al. introduced Astragaloside VII polysaccharide based adjuvant for influenza A vaccine¹¹⁰. Furthermore, alginate PNPs¹¹¹, hyaluronidase combined with dextran¹¹², cellulose nanomaterials¹¹³, inulin PNPs¹¹⁴, cholesteryl pullulan PNPs¹¹⁵ were confirmed as potential vaccine adjuvants.

5. Conclusion and future perspectives

The PC determines the fate of PNPs and their use in theranostics. On the one hand, efforts are being made to eliminate PC formation; on the other hand, scientists accept this challenge and take advantage of the nano-bio interactions. Although these effects are known, the context with NPs composition is not yet well understood. Therefore, the information about interactions on the PNPs biological interface is necessary for deepening knowledge in the field of diagnostics. It could be assumed that the PC will be rapidly employed to sensor and biosensor construction. As mentioned in this review, the unique PC fingerprint could correlate with a specific disease. This outlook also defines the way for a possible theranostic direction and developing of non-invasive diagnostic methods. Taking into account current analytical capabilities, improved techniques will bring more opportunities to enhancing quality observation, the interface between nanotechnology and biology. In conclusion, PC aspires to be an interesting and perspective tool in the theranostics.

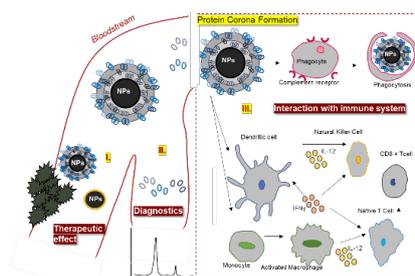
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Key words: chitosan; stealth strategy, drug delivery; immune response; diagnostics

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