

Victoria Road School.

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Victoria Road School

This design is being developed for a restoration project, which aims to bring together housing and communal space within a single campus. Victoria Road School is based in Torry (Aberdeen, UK), which is an area that is characterised by social exclusion and health inequality. The project was conceived to meet local needs and the design has taken a salutogenic approach, supported by a dedicated health and social programme. Work on the design has been funded by a combination of the Torry Development Trust (TDT) and the Grampian Housing Association (GHA).

Material in this portfolio is currently taken from just a single source. This project is currently ongoing, so new material may be added over time:

1. Contribution to a report for the Agile Ageing Alliance (pages 3-4):

- ZAMAN, Q.M., MORRISON, S., FRYER, D., CLAPPERTON, N., HANCOCK, E., CURTIS, L. and CHALMERS, L. 2021. Breaking new ground in Scotland. In *Cultivating age-friendly neighbourhoods: working as one to add life to years*. [Place of publication not identified]: Agile Ageing Alliance, pages 66-67.



AgileAgeingAlliance



AGEING SOCIETIES ISO/TC 314

CULTIVATING AGE-FRIENDLY NEIGHBOURHOODS

WORKING AS ONE TO ADD LIFE TO YEARS



REPORT MADE POSSIBLE BY **CLARION**
HOUSING GROUP

BREAKING NEW GROUND IN SCOTLAND

Multigenerational housing can offer the ageing population optimum health and well-being by inclusively engaging in daily life through therapeutic and salutogenic design strategies.

'Salutogenesis' comes from the Latin word Salus, meaning health, and the Greek word genesis meaning origin. As a medical approach, the salutogenic model is concerned with the relationship between health, stress, and making functional adjustments to our lifestyle to stop illness rather than treat it.

This is the key strategy to the Victoria Road School

(VRS) restoration project, bringing together housing and communal space within one campus, incorporating innovations in energy and digital infrastructure.

VRS was conceived to meet local needs and enable a salutogenic model supported by dedicated health and social programme. The TDT (Torry Development Trust) successfully persuaded

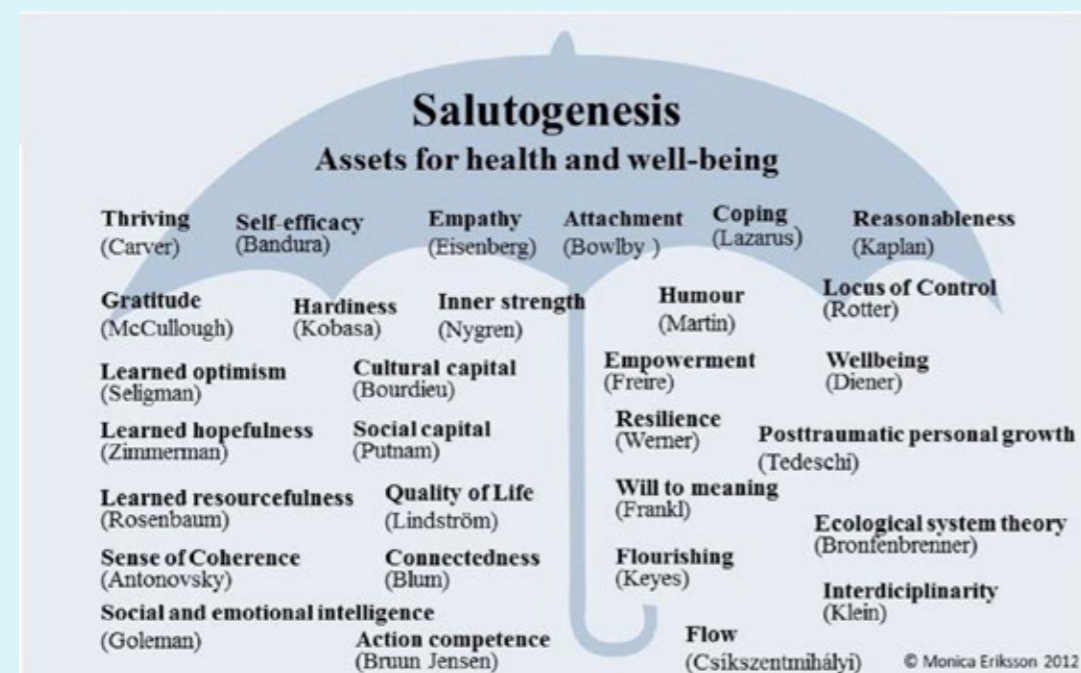
GHA (Grampian Housing Association) to incorporate a mix of bedroom sizes from 1-4 bedrooms and incorporate community facilities around the reimagined courtyard.

These outdoor spaces have been conceived to enable older adults to engage in outdoor activities that complement intergenerational activities.



Multigenerational place making

SALUTOGENESIS MODEL (MONICA ERRICSON)



Sensory spatial attributes and smart housing infrastructure will be developed for older people to stay connected socially and receive health care remotely.

Torry is an area where social exclusion and health inequalities are the dominant neighbourhood classification, depicted in inadequate housing, abandoned public realm, declining mental health and well-being – as classified in the SIMD (Scottish Index of Multiple Deprivation, 2020).

The cross-sector multidisciplinary project partners named below, who have contributed to this article, see the Victoria Road School restoration project as a game-changer in Scotland. Sharing a passionate commitment to achieving societal change, the partners are committed to share data and know-how with the Agile Ageing Alliance to inform the development of a global ISO standard.

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 7. Laura Chalmers, Head of the Centre for Collaborative and Interprofessional Practice, Robert Gordon University