

KENNEDY, C., MACIVER, E., TEODOROWSKI, P., ADAMS, N. and GRANT, A. 2021. An independent evaluation of the Queen's Nurse Development Programme (QNDP). [Infographic summary]. Hosted on *Queen's Nursing Institute Scotland* [online]. Available from: [https://www.qnis.org.uk/wp-content/uploads/2021/12/QNDP\\_Infographic\\_FINAL\\_NA\\_SA\\_2.pdf](https://www.qnis.org.uk/wp-content/uploads/2021/12/QNDP_Infographic_FINAL_NA_SA_2.pdf)

# An independent evaluation of the Queen's Nurse Development Programme (QNDP). [Infographic summary]

KENNEDY, C., MACIVER, E., TEODOROWSKI, P., ADAMS, N. and GRANT, A.

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# An Independent Evaluation of the Queen's Nurse Development Programme (QNDP)

## A Journey of Discovery . . .



### **Prior to the QNDP participants felt . . .**

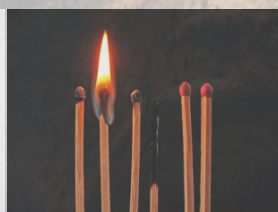
Stuck

Stagnated

Stressed

Fatigued

Had vague expectations of the QNDP



### **During the QNDP participants . . .**

*Were inspired towards positive change, and inspired positive change in others...*

*Developed authentic versions of themselves*

*Experienced personal and professional fulfillment...*

*Practiced honest self-expression*

*Embodied new, person-centred ways of being...*

*Explored new creative ways of being; thinking and working; energy, motivation and empowerment.*

*Were given the time and space to reflect and grow*

### **After the QNDP participants . . .**

*Developed self-confidence, self-awareness, self-esteem and resilience*

*Felt more motivated and efficient*  
*New levels of energy and empowerment*

*Became revitalised and rejuvenated and began to see work through a different lens...*

*Felt a sense of belonging to a 'Community of Practice' of Queen's Nurses*