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- 1 Antimicrobial stewardship activities in hospitals in Ireland and the United Kingdom:
- 2 a comparison of two national surveys.
- 3 Aoife Fleming, Antonella Tonna, Sı'le O'Connor, Stephen Byrne, Derek Stewart
- 4 Int J Clin Pharm (2015) 37:776–781

Abstract

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- 6 <u>Background</u> Best practice guidelines recommend that a multidisciplinary Antimicrobial
- 7 ManagementTeam (AMT) conduct antimicrobial stewardship (AMS) activities in hospitals. In
- 8 order to continuously improve AMS activities in Irish hospitals it is important to benchmark
- 9 performance by comparison with other countries.
- 10 Objective To compare the membership of AMTs and AMS activities conducted in Irish and
- 11 United Kingdom (UK) hospitals. Methods A postal questionnaire to determine the
- 12 membership and activities of AMTs was issued to the specialist antimicrobial pharmacist or
- pharmacist in charge at all Irish Hospitals and all UK National Health Service Hospitals. The
- membership of AMTs and the extent of AMS activities conducted were compared between
- the countries.
- 16 Results The response rates to the surveys were 73 % (n = 51) in Ireland and 33 % in the UK (n
- = 273). 57 % of Irish respondents reported having an AMT compared to 82 % in the UK
- 18 (p \setminus 0.001). Significantly more AMTs in the UK had a specialist antimicrobial pharmacist on
- the team (95 % UK, 69 % Ireland, p \setminus 0.001). A higher proportion of Irish respondents
- 20 reported measuring the overall volume of antimicrobial prescribing (Ireland 85 %, UK 72 %,
- p = 0.057). A higher proportion of UK respondents reported measuring the appropriateness
- of antimicrobial prescribing (76 % UK, 58 % Ireland, p = 0.019) and the appropriateness of
- restricted antimicrobial prescribing (64 % UK, 52 % Ireland, p = 0.140).
- 24 <u>Conclusion</u> Irish and UK AMTs need to be supported to recruit and retain specialist
- 25 antimicrobial pharmacists and to achieve higher rates of audit, prescription appropriateness
- 26 review and feedback activities.

Introduction

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The Strategy for Antimicrobial Resistance in Ireland (SARI) Hospital Antimicrobial Stewardship working group set out clear recommendations to promote rational antimicrobial prescribing in Irish hospitals (1). These included details of the personnel and surveillance activities which should be in place. The role of the specialist antimicrobial pharmacist to optimise antimicrobial prescribing in the hospital setting has been identified, and the recommendation that they need to continue working as an integral member of the Antimicrobial Management Team (AMT) has been well supported by recent studies (2). International research has identified the key role of the specialist antimicrobial pharmacist in the development and implementation of antimicrobial stewardship (AMS) (3). The increasing contribution of specialist antimicrobial pharmacists to obtaining AMS goals in English hospitals has been identified (4). With the recent publication of a five year United Kingdom (UK) antimicrobial resistance strategy, it is ever more important to ensure that the necessary structures (presence of an AMT) are in place to achieve the goals of AMS (5). In order to attain such national strategies, efforts to standardise the AMS strategies in individual settings must be made. The Society for Healthcare Epidemiology of America (SHEA), and the British Society for Antimicrobial Chemotherapy (BSAC), recommend that antimicrobial usage rates between institutions is conducted, or 'bench-marking' as it is commonly known (6). While this primarily addresses the quantifiable consumption of antimicrobials, the importance of comparing the AMT structure and personnel cannot be overlooked and these elements of hospital AMS should also be compared or 'bench-marked'. Irish AMS policy-makers can learn much from the experience of the UK. An important first step is the comparison of Irish hospital AMS structures with those of the UK.

In 2011-2012 a questionnaire to determine the profile and activity of AMTs in Ireland and the UK was mailed to hospital specialist antimicrobial pharmacists. The findings of both questionnaires have been previously published (7) (8). The need for a comparative study was identified in order to benchmark AMS activities in Ireland against those in the UK.

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The aim of this study was to compare the results of the antimicrobial stewardship in hospitals survey between the UK and Ireland in order to identify any differences in practice that could be addressed in either jurisdiction.

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Ethical approval

- 62 Ethical approval was granted by the Clinical Research Ethics Committee of the Cork Teaching
- 63 Hospitals, Ireland and the Ethical Review Panel of the School of Pharmacy and Life Sciences,
- 64 Robert Gordon University, Aberdeen, UK.

Methods

- A postal questionnaire was issued to the specialist antimicrobial pharmacist or pharmacist in charge in all Irish Hospitals (n= 70, March - April 2012) and all UK National Health Service (NHS) Hospitals (n=836, November 2011 - January 2012). Two reminders were issued at twoweekly intervals. The Irish questionnaire was sent out after the UK questionnaire as ethical approval was received slightly later, in March 2012. The questionnaires had key questions in common and findings from these questions formed the basis for this comparative study. Details on the development of this questionnaire have already been published (8). The questionnaire was reviewed for face and content validity by one consultant physician specialising in infectious diseases and seven specialist antimicrobial pharmacists (8). The questionnaire was piloted by sending it to 30 hospitals in the UK and minor modifications were made post piloting. Further minor modifications were made to the questionnaire for use in the Irish context, including changing the references to Irish policy and guideline sources (7). The first section of the questionnaire had questions relating to the AMT and AMS strategies. The second section collected details regarding hospital demographics. There were also some open questions to collect feedback from respondents and to gather their views on key emerging issues around hospital AMS.
- The results of both surveys were compared using Chi-squared tests to test categorical variables and the association between proportions using StataCorp. 2011 *Stata Statistical Software: Release 12.* College Station, TX: StataCorp LP. P values of \leq 0.05 are considered statistically significant. Responses to the open questions were analysed to extract the main

issues or themes emerging and to identify different perspectives between Irish and UK respondents.

Results

- The responses from 226 completed questionnaires in the UK study (32.7% response) and from 51 questionnaires in the Irish study (73% response rate) were included in this analysis. In the Irish survey, 15 private and 36 public hospitals responded. The hospital bed size ranged from <100 bed (24%), 100-249 (36%), 250-499 (30%) and >500 bed (10%). In the UK survey, all surveys were sent to NHS hospitals and bed size ranged from <500 (47.3%), 501-999 (31.4%), 1000-1499 (13.7%) and >1500 (4.4%). The presence of an AMT and the membership profile is outlined in Table 1. Significantly more UK hospitals had an AMT and had a specialist antimicrobial pharmacist as a member of the AMT.
- In some cases respondents did not, or were unable to answer certain questions, hence leading
 to a varying total response for these questions.

Hospital antimicrobial prescribing policy:

Irish hospitals were less likely to have an antimicrobial prescribing policy in place (p = 0.001) than UK hospitals, (Ireland 88% (45/51), UK 98% (222/226)). Respondents in the UK and Ireland reported no significant difference in the overall aims of the policy; the majority of AMTs promoted the appropriate prescribing of antimicrobials, promoted the use of narrow spectrum rather than broad spectrum antimicrobials, and encouraged microbiological investigation and rationalisation, as well as reducing multi-drug resistant infections (p > 0.05 for all). In terms of the content of the policy, the top three areas included were the same (1. Empirical treatment of common infections, 2. Surgical prophylaxis 3. Gentamicin protocol). Responses indicated that significantly more Irish policies contained Surgical prophylaxis (p = 0.014) and significantly more UK policies (UK 32% (70/222), Ireland 4% (2/45)) contained an automatic 'Stop Order' for certain antimicrobials (p < 0.001). Table 2 outlines the methods of dissemination of the antimicrobial prescribing policy, with more Irish hospitals using mobile phone technology and more UK hospitals using the hospital intranet.

Monitoring adherence to the antimicrobial prescribing policy:

Approximately the same proportion of respondents in both countries reported that the volume of antimicrobials prescribed was monitored (Table 3). The appropriateness of antimicrobial use against the local policy was monitored by more UK hospitals (76%) than Irish hospitals (58%) (p < 0.001). The main method for monitoring antimicrobial prescribing was different between the two countries with a higher proportion of Irish hospitals monitoring the volume of prescribing and a higher proportion of UK hospitals reporting that audits measuring appropriateness to the policy are conducted. A difference was found between Ireland and UK in the reported auditing of restricted antimicrobials, with the UK respondents reporting more activity, but this was not statistically significant.

Feedback on antimicrobial resistance patterns was provided to prescribers in 29% (66/226) of UK hospitals and 33% (17/51) of Irish hospitals (p = 0.56). Only 29% (15/51) of Irish respondents reported providing feedback to ward teams about antimicrobial prescribing compared to 62% (138/222) UK hospitals (p < 0.001). Feedback to individual doctors on their antimicrobial prescribing was not conducted extensively by either group of respondents (UK 33% 74/222, Ireland 25% 13/51, p = 0.278). Feedback comparing aspects of antimicrobial prescribing with similar institutions was reported as being conducted in 24% of both UK (53/222) and Irish (12/51) hospitals.

Key strategic issues:

There was one open question for respondents to add their opinions about the key strategic issues. This question was not answered by all participants but some interesting and pertinent points regarding the future of AMS in both jurisdictions were raised. It was very evident in the UK comments that AMS varied between hospitals with different strategies and different levels of progress in place.

140	"Locally we need to finalise guidelines and then begin to develop our audit and feedback
141	processes." (UK)
1.12	
142	"I think we have a comprehensive antimicrobial stewardship which was identified by the
143	SHA as a role model in the South East and I can see the main key strategy is to make
144	sure all the trusts know how to implement DoH Guidelines"(UK)
145	(SHA = Strategic Healthcare Authority, DoH = Department of Health)
146	In the UK, one very common point raised was the belief that the introduction of e-prescribing
147	would improve antimicrobial surveillance and auditing, and therefore may improve the
148	appropriate prescribing of antimicrobials.
149	"Electronic prescribing would make monitoring much easier and feedback immediate
150	and effective in changing prescribing patterns" (UK)
130	and effective in changing presenting patterns (OK)
151	In the Irish survey responses some of the key issues raised were in relation to a lack of
152	resources and personnel to conduct AMS.
153	"Despite repeated attempts to put an Antimicrobial Stewardship team in place it has not
154	happened. We need a Microbiologist to push things forward." (Ireland)
155	"It will be difficult to progress programs without ring-fencing of resources needed to
156	implement and develop antibiotic programmes." (Ireland)
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158	The other main issue raised by respondents from the UK and Ireland was the threat and
159	challenge of antimicrobial resistance. Several respondents noted that AMS strategies need to
160	focus on the management of serious infections such as Extended Spectrum Beta-lactamase
161	infections, Carbapenem Resistant and Vancomycin Resistant infections.
162	"Meeting the challenge posed by emergent multidrug resistant organisms e.g.
163	carbapenem resistant enterococci, in the face of the paucity of new classes of
164	antimicrobial agents." (Ireland)

"Targeting and interventions to reduce carbapenemase producing organisms e.g. carbapenem review rounds to rationalise empiric use of carbapenems" (UK)

"Monitoring ESBL and VRE organisms." (UK).

Discussion

This comparison of the results of two nationwide surveys of AMS in UK and Irish hospitals has provided very important information regarding the differences between AMS in both jurisdictions. A key difference noted was the significantly lower number of Irish hospitals with an AMT at the time of the questionnaire, and the lower number of Irish AMTs with a specialist antimicrobial pharmacist. Fewer Irish hospitals had an antimicrobial prescribing policy, but the content of the policies between Ireland and the UK were similar. It was encouraging to see that most hospitals in the UK and Ireland measured the volume of antimicrobials prescribed. However, a lower proportion of Irish hospitals reported auditing activities with a higher proportion of UK hospitals conducting audits of adherence to the antimicrobial prescribing policy. This may be attributed to a higher presence of AMT in the hospitals included or the higher proportion of AMT with a specialist antimicrobial pharmacist on board. Areas for improvement in both countries were also identified with hospitals not reporting on antimicrobial resistance to hospital doctors extensively. Irish hospitals were less likely to provide feedback to ward teams on their prescribing patterns.

The lack of financial resources to support optimum AMS development in Irish hospitals was raised by many respondents. This is at odds with recent recommendations by SARI and the Health Information and Quality Authority who have recommended that multidisciplinary teams should be in place in hospitals, along with antimicrobial pharmacy services, to implement AMS activities (1, 9). Recent economic circumstances in Ireland have resulted in financial restrictions in many areas of healthcare and one area affected has been recruitment of staff in the Health Service Executive. Pharmacists have played a key role internationally in driving AMS activities in the hospital setting (4). Support for the role of specialist antimicrobial pharmacists was influenced largely by the provision of funds in the years around 2003 to 2006 from the Departments of Health in the UK and Ireland to support these roles (1, 4). At this basic level of policy implementation it is unfortunate to find that the results of this

comparative study indicate that Irish hospitals had fewer goals achieved than UK hospitals. Advances in policy have moved beyond the basic recommendations for AMTs to such strategies as the implementation of care bundles such as the "Start Smart - then Focus" bundle (10). Irish hospitals must ensure that they meet the basic requirements in order to stay abreast of new developments and opportunities to improve patient safety through AMS. But the nature of AMS activities requires much time and effort on the part of the AMT members to extract, analyse and feedback antimicrobial consumption data (11). A key difference noted by this study was that more UK hospitals conducted audits of antimicrobial prescribing than Irish hospitals. Antimicrobial prescribing analysis can monitor antimicrobial consumption (volume of prescribing) and antimicrobial prescribing appropriateness (by comparing actual prescribing trends with the locally antimicrobial prescribing policy) (1). The SARI guidelines for AMS in hospitals in Ireland recommend audit activities such as reviewing surgical antibiotic prophylaxis, audits of therapeutic drug monitoring for the likes of vancomycin/gentamicin and audits investigating parenteral to oral antibiotic conversion (1). Antimicrobial prescribing audits are necessary to obtain local information regarding the quality of antimicrobial prescribing (e.g. audit of surgical antibiotic prophylaxis). Hospital AMTs and specialist antimicrobial pharmacists are vital to ensure the continued implementation and development of these antimicrobial prescribing audits.

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The consumption of hospital antimicrobial usage in Ireland is monitored by the Health Protection Surveillance Centre and recent reports of public hospital consumption indicated an increase from 2007 (77.2 Defined Daily Doses per 100 Bed Days) to 2013 (84.4 Defined Daily Doses per 100 Bed Days) (12). In England, the recent ESPAUR report 2014 highlighted that antimicrobial consumption in the hospital sector increased by 11% between 2010 and 2013 (DDD per 100 admissions) (13). This data indicates increasing trends in antimicrobial prescribing in UK and Irish hospitals. These trends must be investigated, and in order to target the increase in consumption, antimicrobial prescribing audits are required.

In an effort to improve and standardise AMS initiatives it is first necessary to achieve a more uniform playing field, with more Irish hospitals needing AMT and dedicated specialist antimicrobial pharmacists to conduct AMS audit activities. With recent advances in the area of information technology (e.g. smartphone availability and antimicrobial prescribing

applications), auditing and access to policies is improving all the time. Several applications have been developed and implemented in Ireland to support the dissemination and use of antimicrobial prescribing guidelines. The MicroGuide® application is used in many NHS trusts in the UK (14). The development of such AMS initiatives will no doubt improve access to antimicrobial prescribing guidelines and future surveys investigating AMT activities should investigate the impact of these developments on improving the appropriateness of antimicrobial prescribing.

A limitation of this study is that it relies on respondents' self-reported data and knowledge which may lead to response bias and reduced generalisability. While there was an incomplete response rate, the results are important as responses were received from a representative sample of the overall hospital population. Hospitals of varying size, and varying funding category in Ireland, responded. While the questionnaires were sent out in the UK and Ireland at different time points, they were sent within four months of each other and this is unlikely to impact on the findings. The lower response rate in the UK may have an effect on the representativeness of the findings. A comparison of publicly versus privately funded hospitals was not possible as the UK sample included NHS hospitals only. Some questions were not answered by all respondents or else they were unable to answer, this reduced the completeness of the responses to the overall response rate. The open question asking respondents about key strategic issues was not answered by all participants.

This investigation has provided valuable information for Irish hospitals by comparing their AMS activities to UK hospitals. While the results from the UK are quite encouraging, the implementation of AMS in Irish hospitals needs to be prioritised. The recommendations from the SARI Guidelines in Ireland need to be readdressed as the fundamental requirements for AMS, the presence of a team with a specialist antimicrobial pharmacist and auditing of antimicrobial prescribing appropriateness, are not yet widespread in Irish hospitals. Support for AMTs to conduct audits of antimicrobial prescribing, and commitment from the highest levels of hospital administration, must be secured to facilitate this activity in all hospitals (11). If the outputs of antimicrobial prescribing are not being measured, there is little evidence with which to motivate prescribers to change their antimicrobial prescribing practices. Important lessons for AMS can be learned in Ireland by bench-marking against UK AMS

strategies. The future collection and analysis of hospital AMT and AMS activities, if conducted centrally by the respective departments of health or national AMS task force groups, is recommended. This questionnaire should be repeated in the future to capture further information on the development and comparison of AMS over the coming years, especially examining the impact of advances in information technology.

Conclusion

This comparative study has identified significant differences in AMS strategies between Irish and UK hospitals. UK hospitals are more likely to have a specialist antimicrobial pharmacist on the AMT and are more likely to conduct audits of the appropriateness of antimicrobials and restricted antimicrobials. The absence of specialist antimicrobial pharmacists on the Irish AMTs may be leading to reduced AMS activities. In order to promote antimicrobial stewardship in Irish hospitals, Irish AMTs need to be supported to recruit and retain specialist antimicrobial pharmacists and to achieve higher rates of audit and feedback activities.

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Conflicts of interest

There are no conflicts of interest to declare.

Table 1. Presence and membership profile of the Antimicrobial Management Team.

	Ireland	UK	
Presence of an AMT	57% (29/51)	82% (186/226)	p ≤ 0.001*
Specialist antimicrobial pharmacist on the AMT	69% (20/29)	95% (177/186)	p < 0.001*
Consultant in infectious diseases [¥] on the AMT	24% (7/29)	67% (97/145)	p < 0.001*
Infection control manager on the AMT	55% (16/29)	60.2% (112/186)	p = 0.007*

Consultant surgeon on the AMT	24% (7/39)	45% (59/130)	p = 0.002*
Consultant microbiologist on the AMT	93% (27/29)	97% (180/186)	p = 0.331
AMT & microbiology department in the hospital	47% (24/51)	71% (159/224)	p = 0.001*

[¥]Consultant in infectious diseases: a doctor who specialises in the diagnosis and treatment of

infectious diseases. (*= statistical significance)

280 Table 2. Dissemination of the antimicrobial prescribing policy.

Activity	Ireland	UK	
Dissemination of the antimicrobial prescribing policy by mobile phone	20% (9/45)	7% (16/229)	p = 0.006*
Antimicrobial prescribing policy updates communicated via the intranet	64% (29/45)	92% (205/229)	p < 0.001*
Antimicrobial prescribing policy updates communicated by contact with other healthcare professionals (e.g. pharmacists)	60% (27/45)	71% (158/222)	p = 0.139

281 (*= statistical significance)

Table 3. Comparison of audit activities to monitor antimicrobial prescribing.

Activity	Ireland	UK
Monitor volume of antimicrobial prescribing	86% (36/42)	73% (162/222) p = 0.080
Audit all antimicrobial prescribing against policy	58% (24/41)	76% (169/222) p = 0.019
Audit restricted antimicrobial prescribing	52% (22/42)	65% (143/222) p = 0.140

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